



The **Functional Evaluation** (FE) is a series of **palpations** and other clinical assessment tools (pulse, blood pressure, PH of saliva) to gather information and identify areas of functional deficiencies present in the body. It is pain free utilizing a tenderness rating for each reflex and palpation point that allows an NTP like Michelle to use the innate wisdom of the body to show where it is experiencing distress/imbalance to customized and priorities a nutritional protocol. Selected by the founders of the Nutritional Therapy Association following the research of a variety of functional medicine practitioners like Dr. Frank Chapman, Dr George Good Heart, Dr. Robert Ridler and Dr. Terrence Bennett, the FE provides Michelle the unique skill set that differentiates her from other health practitioners by allowing her to address the nutritional needs of clients, assessing their biochemical individuality and creatively tailoring a nutritional plan that will awaken clients palates to sustainable health.

LNT also known as the **Lingual-Neuro Testing** goes hand and hand with the **FE**. It's a process that allows Michelle to place a particular supplement, nutrient, or food on the clients tongue based on the neurological response of how the **tastebuds** communicate with the brain and through the central nervous system. This allows Michelle to retest tender reflex points to assess if the nutrient is beneficial to the clients unique bio-individual chemistry. With this knowledge in hand, Michelle is then able to plan, strategies, and implement **customized** individual nutritional protocols working together in a supportive and healing environment.



